





# Chincoteague

## National Wildlife Refuge Trail Map



#### **Unpaved Trails**

**Lighthouse Trail** (0.25 miles) Walking - moderately easy (sandy hill)

Marsh Trail (0.5 miles)

Walking - easy

Bivalve Trail (0.25 miles)

Walking - moderately easy (uneven terrain)

Service Road (7.5 miles)

Walking - easy

First mile open to bicycling

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#### **Paved Trails**

Wildlife Loop (3.2 miles)
Walking and bicycling - easy
Open 3:00 PM to dusk to vehicles

Woodland Trail (1.6 miles) Walking and bicycling - easy

Black Duck Trail (1 mile) Walking and bicycling - easy

**Swan Cove Trail** (0.5 miles) Walking and bicycling - easy

#### The Refuge is Open Seven Days a Week

May through September 5:00 A.M. - 10:00 P.M.

**April & October** 6:00 A.M. - 8:00 P.M.

November through March 6:00 A.M. - 6:00 P.M.

#### Welcome to Chincoteague National Wildlife Refuge... Where people and wildlife meet.

Established in 1943 to provide habitat for migratory birds, the refuge protects more than 14,000 acres of beach, dunes, marsh and maritime forest. Every season brings unique opportunities to enjoy wildlife observation and photography. Songbirds, wading birds and shorebirds arrive in spring and many stay throughout the summer. Fall brings migratory raptors and monarch butterflies followed by the waterfowl that will spend the winter on the refuge. Visitors can explore trails, visit the beach, see the historic Assateague Lighthouse, and more! The refuge also offers a variety of special events throughout the year, so please see our website or inquire at a visitor center for details.

#### Visitor Centers - Hours vary by season

Herbert H. Bateman Educational and Administrative Center (757-336-6122) 8231 Beach Road, Chincoteague, VA 23336

This center is the second left upon entering the refuge and features an information desk, exhibits, and videos showed on request in the auditorium. Refuge Headquarters is co-located with the Chincoteague Natural History Association, who operate a book store and run seasonal Refuge Treks from the center, call 757-336-3696 for details.



Toms Cove Visitor Center (757-336-6577)

8586 Beach Road, Chincoteague, VA 23336

Located next to the recreational beach at the end of Beach Road, this center features a small aquarium and touch tank, a bookstore and an information desk. Ranger guided programs are available seasonally.

#### **Refuge Rules and Regulations**

The U.S. Fish & Wildlife Service encourages you to enjoy your visit, but remember that protecting wildlife, plants, and their habitats is the priority. Regulations exist for the welfare of wildlife, as well as for your safety. Please read and comply with the following list of regulations. Note this list is not all inclusive; therefore, remember that unless an activity is listed as permitted in a brochure or on a sign, it is not allowed.

#### Permitted Activities - in designated areas only



Wildlife Observation, photography, interpretation and education - throughout the refuge



Surf Fishing - into the ocean from the beach (Follow Virginia State Regulations)



Hunting (with a refuge issued permit)



Crabbing & Shellfishing



Shell collecting (no more than one gallon of unoccupied sea shells per person per day)



Hiking



Bicycling



Boating - in Toms Cove and Assateague Channel (non-commercial)



Over-Sand Vehicle Use (with permit)



Recreational Beach (lifeguards present seasonally)



Horseback Riding (in South Over-Sand Vehicle Zone)



Climbing Assateague Lighthouse (schedule varies, call 757-336-3696)

#### **Prohibited Activities**



Pets (even in vehicles) - Service dogs permitted as defined by ADA regulations. Contact us for details.



Consuming alcoholic beverages



Disturbing, feeding, or harassing ponies or wildlife



Collecting, removing, or damaging plants or



Removing driftwood, bones or skeletons



Use of metal detectors and collecting cultural or historic objects



Climbing onto or digging into fragile sand dunes



Bicycling on the beach



Camping/Overnight stays



Open fires (except with a permit) or Fireworks



Boats and flotation devices within refuge water impoundments



Launching, landing, or operating unmanned aircraft (such as drones)



Firearms and weapons prohibited in government buildings

#### **Safety Measures to Protect You & Wildlife**



Protect yourself from ticks and mosquitoes, they may carry disease. To avoid contact: stay on trails; use repellent; wear long sleeve shirts and long pants while exploring the area; and, inspect yourself carefully.



Ponies and wildlife on the refuge may carry diseases. Feeding and touching animals puts you and your family at risk. Enjoy all wildlife from a distance, especially if they seem friendly.



Poison ivy is abundant on the refuge. It can grow as either a vine, shrub or single plant, but always has 3 leaves at the end of a stem. Please stay on refuge trails to avoid contact.



It is fairly common to observe seals loafing on the beach, ponies laying down or sea turtles laying eggs in the sand. We are guests in their home, so please give them their space. If they react to your activity, you are too close. In cases of sick or injured wildlife, minimize the animal's stress by keeping the safe distance (100 ft) and contact refuge staff.

#### Thank You for Obeying Closed Area Signs

When you remain on named trails and open portions of the beach, you help us protect wildlife.

Closed areas may be marked with signs, white posts and/or rope lines.





#### **Contact Us**

Chincoteague National Wildlife Refuge 8231 Beach Road, Chincoteague Island, VA 23336 757/336 6122 Office, 757/336 5273 Fax FW5RW\_CNWR@fws.gov www.fws.gov/refuge/Chincoteague www.facebook.com/ChincoteagueNWR www.twitter.com/ChincoteagueNWR Federal Relay Service for the deaf and

hard-of-hearing 1800/877 8339